

Survey on Health in Daily Life

June 2006

Survey Planning: Kansai University: Institute of Economic and Political Studies

Survey Implementation: Central Research Services, Inc. (Chuo Chosa Sha)

- The person whose name is on this form must complete this survey.
- Please write in blue or black pencil, pen or ballpoint pen.
- Please answer the following questions in order, starting with Question 1.

Please read the following before beginning the survey.

Here, '**private clinic**' indicates a small scale or privately managed doctor's office, specializing in such areas as internal medicine, pediatrics, otolaryngology, obstetrics and gynecology.

A '**general hospital**' indicates a large-scale hospital comprised of several doctor's offices, including departments of internal medicine, surgery, obstetrics and gynecology, ophthalmology, otolaryngology.

Q1 The following question refers to your behavior.

Q1-1 Do you go to a medical institution when you catch the common cold or feel slightly unwell?

1 Yes

2 No (use over-the-counter drugs or assess own condition, etc.) (Go to Q2)

Q1-2 What kind of medical institution do you usually go to? (circle one response only)

1 I go to or call (request a house call from) a private clinic in my city.

2 I go to or call (request a house call from) a private clinic outside my city.

3 I go to a general hospital in my city.

4 I go to a general hospital outside my city.

5 Other (*Please specify*)

Q1-3 Why do you go to that particular medical institution? Please select the three most important reasons from the options below, and enter the appropriate number in the box.

(a)Most important reason		(b)Second most important reason		(b)Third most important reason	
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Options:

1 It is nearby 2 It has trustworthy doctors 3 It has a good reputation 4 Waiting times are short 5 It has good exploratory and diagnostic facilities 6 The staff will write a letter of introduction to a general hospital

Q1-4 When you experience symptoms such as those in Q1-1, do you collect information on medical institutions in order to decide which medical institution to go to?

1 Yes

2 No (Go to Q2)

3 Difficult to say (Go to Q2)

Q1-5 (1) From what sources do you collect such information? Please select the three sources of information you consider most important from the options below, and enter the corresponding number in the box. (2) Please circle a number to indicate the importance you place on the source of information concerned.

(1-a)Information source I use most		(1-b)Information source I use second most		(1-c)Information source I use third most	
(2-a) How important do you consider this information source? (circle one number only)		(2-b) How important do you consider this information source? (circle one number only)		(2-c) How important do you consider this information source? (circle one number only)	
1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant		1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant		1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	

Options:

1 Family	2 Relatives	3 Friends	4 Neighbors	5 Persons in the medical industry
6 Pharmacy staff	7 Radio/TV	8 Newspapers	9 Books/magazines	10 Internet
11 Town pages	12 PR magazines published by cities, towns, villages, and municipalities	13 Other (<i>Please specify</i>)		

[To All respondents]

Q2 The following question refers to your behavior.

Q2-1 Upon contracting a disease concerned with a particular part of the body, such as the eyes, ears, nose, or urinary organs, do you go to a medical institution?

1 Yes

2 No (use over-the-counter drugs or assess own condition, etc.) (Go to Q3)

Q2-2 What kind of medical institution do you usually go to? (circle one response only)

- 1 I go to or call (request a house call from) a private clinic in my city.
- 2 I go to or call (request a house call from) a private clinic outside my city.
- 3 I go to a general hospital in my city.
- 4 I go to a general hospital outside my city.
- 5 Other (*Please specify*)

Q2-3 Why do you go to that particular medical institution? Please select the three most important reasons from the options below, and enter the appropriate number in the box.

(a)Most important reason		(b)Second most important reason		(b)Third most important reason	
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Options:

- | |
|---|
| 1 It is nearby 2 It has trustworthy doctors 3 It has a good reputation
4 Waiting times are short 5 It has good exploratory and diagnostic facilities
6 The staff will write a letter of introduction to a general hospital |
|---|

Q2-4 When you experience symptoms such as those in Q2-1, do you collect information on medical institutions in order to decide which medical institution to go to?

- 1 Yes
- 2 No (Go to Q3)
- 3 Difficult to say (Go to Q3)

Q2-5 (1) What sources of information do you use to collect such information? Please select the three sources of information you consider most important from the options below, and enter the corresponding number in the box. (2) Please circle a number to indicate the importance you place on the source of information concerned.

(1-a) Information source I use most	(1-b) Information source I use second most	(1-c) Information source I use third most
(2-a) How important do you consider this information source? (circle one number only)	(2-b) How important do you consider this information source? (circle one number only)	(2-c) How important do you consider this information source? (circle one number only)
1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant

Options:

1 Family	2 Relatives	3 Friends	4 Neighbors	5 Persons in the medical industry
6 Pharmacy staff	7 Radio/TV	8 Newspapers	9 Books/magazines	10 Internet
11 Town pages	12 PR magazines published by cities, towns, villages, and municipalities	13 Other (<i>Please specify</i>)		

[To all respondents]

Q3 The following question refers to your behavior.

Q3-1 Do you go to a medical institution when you feel you have a problem more serious than the common cold?

1 Yes

2 No (use over-the-counter drugs or assess own condition, etc.) (Go to Q4)

Q3-2 What kind of medical institution do you usually go to? (circle one response only)

1 I go to or call (request a house call from) a private clinic in my city.

2 I go to or call (request a house call from) a private clinic outside my city.

3 I go to a general hospital in my city.

4 I go to a general hospital outside my city.

5 Other (*Please specify*)

Q3-3 Why do you go to that particular medical institution? Please select the three most important reasons from the options below, and enter the appropriate number in the box.

(a)Most important reason		(b)Second most important reason		(b)Third most important reason	
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Options:

1 It is nearby 2 It has trustworthy doctors 3 It has a good reputation 4 Waiting times are short 5 It has good exploratory and diagnostic facilities 6 The staff will write a letter of introduction to a general hospital

Q3-4 When you experience symptoms such as those in Q2-1, do you collect information on medical institutions in order to decide which medical institution to go to?

1 Yes (Go to Q3-5)

2 No

3 Difficult to say (Go to Q4)

Q3-5 (1) What sources do you use to collect such information? Please select the three sources of information you consider most important from the options below, and enter the corresponding number in the box. (2) Please circle a number to indicate the importance you place on the source of information concerned.

(1-a)Information source I use most		(1-b)Information source I use second most		(1-c)Information source I use third most	
(2-a) How important do you consider this information source? (circle one number only)		(2-b) How important do you consider this information source? (circle one number only)		(2-c) How important do you consider this information source? (circle one number only)	
1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant		1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant		1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	

Options:

1 Family	2 Relatives	3 Friends	4 Neighbors	5 Persons in the medical industry
6 Pharmacy staff	7 Radio/TV	8 Newspapers	9 Books/magazines	10 Internet
11 Town pages	12 PR magazines published by cities, towns, villages, and municipalities	13 Other (<i>Please specify</i>)		

Q4 Please answer the following question only if there are grandchildren or children of elementary school age or younger in your family. If there are no such persons, please go to Q5.

Q4-1 When a member of your family (grandchild or child of elementary school age or younger) has a problem that seems more serious than a common cold, do you take them to a medical institution?

- 1 I always take them myself (Go to Q4-2)
- 2 I take them myself whenever possible (Go to Q4-2)
- 3 Another family member takes them (Go to Q5)
- 4 I do not, or cannot, take them (Go to Q5)
- 5 The person concerned goes alone (Go to Q5)

Q4-2 To what kind of medical institution do you take members of your family (grandchildren or children of elementary school age or younger)? (circle one response only)

- 1 I go to or call (request a house call from) a private clinic in my city.
- 2 I go to or call (request a house call from) a private clinic outside my city.
- 3 I go to a general hospital in my city.
- 4 I go to a general hospital outside my city.
- 5 Other (*Please specify* _____)

Q4-3 Why do you take members of your family (grandchildren or children of elementary school age or younger) to that particular medical institution? Please select the three most important reasons from the options below, and enter the appropriate number in the box.

(a)Most important reason		(b)Second most important reason		(b)Third most important reason	
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Options:

- | |
|--|
| <p>1 It is nearby 2 It has trustworthy doctors 3 It has a good reputation
 4 Waiting times are short 5 It has good exploratory and diagnostic facilities
 6 The staff will write a letter of introduction to a general hospital</p> |
|--|

Q4-4 When members of your family (grandchildren or children of elementary school age or younger) experience symptoms such as those in Q4-1, do you collect information on medical institutions in order to decide which medical institution to go to?

1 Yes (Go to Q4-5) 2 No (Go to Q5) 3 Difficult to say (Go to Q5)

Q 4-5 (1) What sources do you use to collect such information? Please select the three sources of information you consider most important from the options below, and enter the corresponding number in the box. (2) Please circle a number to indicate the importance you place on the source of information concerned.

(1-a)Information source I use most	(1-b)Information source I use second most	(1-c)Information source I use third most
(2-a) How important do you consider this information source? (circle one number only)	(2-b) How important do you consider this information source? (circle one number only)	(2-c) How important do you consider this information source? (circle one number only)
1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant

Options:

1 Family	2 Relatives	3 Friends	4 Neighbors	5 Persons in the medical industry
6 Pharmacy staff	7 Radio/TV	8 Newspapers	9 Books/magazines	10 Internet
11 Town pages	12 PR magazines published by cities, towns, villages, and municipalities	13 Other (<i>Please specify</i>)		

Q5 Please answer the following question if there is, other than yourself, a person aged 75 or older who does not receive nursing-care insurance in your family. If there are no such persons, please go to Q6.

Q5-1 When a member of your family (aged 75 or older and not receiving nursing-care insurance benefits) has a problem that seems more serious than a common cold, do you take them to a medical institution?

- 1 I always take them myself (Go to Q5-2)
- 2 I take them myself whenever possible (Go to Q5-2)
- 3 Another family member takes them (Go to Q6)
- 4 I do not, or cannot, take them (Go to Q6)
- 5 The person concerned goes alone (Go to Q6)

Q5-2 If you do take the family member to a medical institution, what kind of institution do you go to? (circle one response only)

- 1 I go to or call (request a house call from) a private clinic in my city.
- 2 I go to or call (request a house call from) a private clinic outside my city.
- 3 I go to a general hospital in my city.
- 4 I go to a general hospital outside my city.
- 5 Other (*Please specify* _____)

Q5-3 Why do you take members of your family (aged 75 or older and not receiving nursing-care insurance benefits) to that particular medical institution? Please select the three most important reasons from the options below, and enter the appropriate number in the box.

(a)Most important reason		(b)Second most important reason		(b)Third most important reason	
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Options:

- 1 It is nearby 2 It has trustworthy doctors 3 It has a good reputation
- 4 Waiting times are short 5 It has good exploratory and diagnostic facilities
- 6 The staff will write a letter of introduction to a general hospital

Q5-4 When members of your family (aged 75 or older and not receiving nursing-care insurance benefits) experience symptoms such as those in Q5-1, do you collect information on medical institutions in order to decide which medical institution to go to?

- 1 Yes (Go to Q5-5) 2 No (Go to Q6) 3 Difficult to say (Go to Q6)

Q 5-5 (1) What sources do you use to collect such information? Please select the three sources of information you consider most important from the options below, and enter the corresponding number in the box. (2) Please circle a number to indicate the importance you place on the source of information concerned.

(1-a)Information source I use most		(1-b)Information source I use second most		(1-c)Information source I use third most	
(2-a) How important do you consider this information source? (circle one number only)		(2-b) How important do you consider this information source? (circle one number only)		(2-c) How important do you consider this information source? (circle one number only)	
1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant		1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant		1 Important 2 Somewhat important 3 Somewhat unimportant 4 Unimportant	

Options:

1 Family	2 Relatives	3 Friends	4 Neighbors	5 Persons in the medical industry
9 Books/magazines	10 Internet	11 Town pages	7 Radio/TV	8 Newspapers
12 PR magazines published by cities, towns, villages, and municipalities				
13 Other (<i>Please specify</i>)				

[To all respondents]

Q6 To what extent do you agree or disagree with the following four statements? Please circle the number most closely corresponding to your opinion. (please circle one option per line)

a	General hospitals have more up-to-date medical technology and knowledge than private clinics	1 2 3 4 5 6
b	At general hospitals, waiting times are longer and consultation time is shorter than at private clinics	1 2 3 4 5 6
c	Doctors at general hospitals are sympathetic during consultations and listen attentively	1 2 3 4 5 6
d	Doctors at private clinics are sympathetic during consultations and listen attentively	1 2 3 4 5 6

1 Agree strongly

4 Disagree somewhat

2 Agree

5 Disagree

3 Agree somewhat

6 Disagree strongly

Q7 The following question refers to your attitude towards human health and disease. Please circle the number most closely corresponding to your opinion. (please circle one option per line)

a	One's health is one's own responsibility	1 2 3 4 5 6
b	When I feel ill, going to the hospital quickly puts me at ease	1 2 3 4 5 6
c	Factors affecting health tend to be unpredictable	1 2 3 4 5 6
d	Recovery from disease depends on the cooperation of the family	1 2 3 4 5 6
e	To be healthy, one has to look after oneself	1 2 3 4 5 6
f	Progress in medicine is what keeps us healthy	1 2 3 4 5 6
g	Recovery from disease is a question of luck	1 2 3 4 5 6
h	One's health depends on the compassion of one's family	1 2 3 4 5 6
i	Recovery from disease depends on one's own efforts	1 2 3 4 5 6
j	Recovery from disease depends on the abilities of doctors	1 2 3 4 5 6
k	Becoming ill is a question of chance	1 2 3 4 5 6

l	The compassion of one's family helps one recover from disease	1	2	3	4	5	6
m	Recovery from disease depends on one's attitude	1	2	3	4	5	6
n	Recovery from disease depends on the skill of doctors	1	2	3	4	5	6
o	Being healthy is down to luck	1	2	3	4	5	6
p	One's health depends on encouragement from one's family	1	2	3	4	5	6

Q8 and Q9 refer to hypothetical situations. Please use your imagination when responding. Imagine you were in the following situation.

On a Sunday evening, the joints of your foot became painful, and your body felt sluggish. You took some over-the-counter medicine, and went to bed earlier than normal. However, the following morning you felt even more sluggish, you had a chill, and you felt dizzy upon standing. When you took your temperature, you found that rather than the usual 36 degrees, it was over 38 degrees.

Q8 If you had the above symptoms, what kind of medical institution (hospital/clinic) would you go to? Please examine the table below showing the characteristics of four medical institutions (hospitals/clinics) and decide which you would go to.

Q8-1 Please circle one of the following four institutions.

Table 1	Medical institution A	Medical institution B	Medical institution C	Medical institution D
Traveling time required	20min	35 min	5 min	5 min
Waiting time	30min	90min	60min	90min
Doctors' reputation	Average	Average	Good	Good
Hospital type	General hospital	Clinic	Clinic	General hospital
Fee borne by the patient on first visit	2800 JPY	1800 JPY	800 JPY	1800 JPY

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Please circle one of the numbers on the right

1 Medical institution A	2 Medical institution B	3 Medical institution C	4 Medical institution D
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Q8-2 Which of the following institutions would you go to? (circle one response only)

Table 2	Medical institution E	Medical institution F	Medical institution G	Medical institution H
Traveling time required	20min	35 min	5 min	5 min
Waiting time	90min	60min	90min	30min
Doctors' reputation	Good	Good	Average	Average
Hospital type	Clinic	General hospital	General hospital	Clinic
Fee borne by the patient on first visit	2800 JPY	800 JPY	1800 JPY	2800 JPY

↓

↓

↓

↓

Please circle one of the numbers on the right

1 Medical institution E	2 Medical institution F	3 Medical institution G	4 Medical institution H
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Q8-3 Which of the following institutions would you go to? (circle one response only)

Table 3	Medical institution I	Medical institution J	Medical institution K	Medical institution L
Traveling time required	5 min	5 min	20min	35 min
Waiting time	90min	30min	60min	60min
Doctors' reputation	Average	Good	Average	Good
Hospital type	General hospital	Clinic	General hospital	Clinic
Fee borne by the patient on first visit	800 JPY	1800 JPY	2800 JPY	2800 JPY

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Please circle one of the numbers on the right

1 Medical institution I	2 Medical institution J	3 Medical institution K	4 Medical institution L
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Q8-4 Which of the following institutions would you go to? (circle one response only)

Table 4	Medical institution M	Medical institution N	Medical institution O	Medical institution P
Travelling time required	35 min	20min	20min	5 min
Waiting time	90min	60min	30min	30min
Doctors' reputation	Average	Average	Good	Good
Hospital type	Clinic	General hospital	Clinic	General hospital
Fee borne by the patient on first visit	2800 JPY	1800 JPY	1800 JPY	800 JPY

↓

↓

↓

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Please circle one of the numbers on the right

1	2	3	4
Medical institution M	Medical institution N	Medical institution O	Medical institution P

9 The following question refers to the cost of medical care for the elderly.

Disclaimer: The following questions are asked from a purely academic perspective. They have no bearing whatsoever on relevant policy in your city, town, village, or municipality.

In most cases, the cost borne by a patient visiting a hospital is 30% of the total treatment cost for persons under 75, and 10% (*) for persons aged 75 or over.

Furthermore, in some cities, towns, villages and municipalities the following aid is provided for elderly persons in low-income households.

(*) Includes persons aged 65 or over with certain disabilities.

Medical aid for the elderly provided by some cities, towns, villages and municipalities

For persons aged 65 to 75 whose entire family is exempt from paying residents tax (combined income of under 1,250,000 JPY in the previous year), the cost borne is reduced to 10% of the total cost of treatment.

Please answer the question below regarding this hypothetical situation. In your city, town, village, or municipality, an aid system such as that described above was used; however, due to the progress of aging and the deteriorating financial situation, it could not be continued. Nevertheless, the system can be maintained if all households in the region (irrespective of whether they contain an elderly person) pay a certain amount each month.

Q9-1 Would your household be willing to pay 1000 JPY each month to maintain this system?

1 Yes (Go to Q9-2)

2 No (Go to Q9-5)

Q9-2 Would your household be willing to pay 1400 JPY?

1 Yes (Go to Q9-3)

2 No (Go to Q9-4)

Q9-3 Exactly how much would your household be willing to pay?

please enter an amount over 1400 JPY _____ JPY

Q9-4 Exactly how much would your household be willing to pay?

please enter an amount between 1000 and 1400 JPY _____JPY

Q9-5 Would your household be willing to pay 600 JPY?

1 Yes (Go to Q9-6)

2 No (Go to Q9-7)

Q9-6 Exactly how much would your household be willing to pay?

please enter an amount between 600 and 1000 JPY. _____JPY

Q9-7 What is your attitude towards payment of this cost? (circle one response only)

1. If the cost were lower, I would pay. Every month:

_____JPY (enter a figure below 600 JPY)

2. If the household had enough money to pay anyway, further medical aid would not be necessary.

3. I don't know the details about the system, so I can't pay.

4. Other (Please specify _____)

Go to next page

That is the end of the questions about your opinions. However, please answer the following questions about yourself in order that the results of the above can be subjected to statistical analysis.

F1. What is your gender? 1 Male 2 Female

F2. How old are you? _____ years (as of June 1, 2006)

F3. The following question refers to your educational background. If you are currently studying or left a course midway, please answer as if you have already graduated.

- | |
|--|
| 1 Junior high school 2 High school 3 Junior college/vocational school
4 University 5 Graduate school 6 A junior high school under the old system
7 A high school under the old system
8 Other (<i>Please specify</i> _____) |
|--|

F4. How many years in total have you been living in your city, town, village, or municipality?

1. Under 1 year 2. Under 3 years 3. Under 10 years 4. Under 20 years
5. 20 years or more

F5. Which of the following persons live with you? (circle as many as you wish)

- | | |
|--|--|
| 1 Your spouse
2 Your children (not married)
3 Your children (married)
4 Your son/daughter in law
5 Your grandchildren
6 Your parent(s)
7 Your spouse's parent(s) | 8 Your brother(s)
9 Your spouse's brother(s)
10 Your grandfather or grandmother
11 Your spouse's grandfather or grandmother
12 Other
(Please specify _____)
13 I live alone |
|--|--|

F6. Which of the following categories most closely corresponds to that of your home?

- | | |
|--|--|
| 1 A detached home I own | 4 Private rental housing (including rented houses, apartments, condominiums, etc.) |
| 2 A home I own (including residential complexes and condominium apartments) | 5 Employer-provided housing (company housing, dormitories, housing for public officials) |
| 3 Rental housing provided through public management, public corporation management or government corporation | 6 Other (<i>Please specify</i>) |

F7-1. Which of the following categories is closest to that of your employment status?

- | | | |
|----------------------------------|-----------------------------------|--------------------------------|
| 1 Self-employed | 2 Worker in family business | 3 Company proprietor/executive |
| 4 Worker at company/organization | 5 Public official | 6 Casual/temporary worker |
| 7 Short-term/contracted employee | 8 Dispatched employee | 9 Part-time worker |
| 10 Retired | 11 Unemployed (excluding retired) | |

F7-2. Which of the following categories most closely matches the industry in which you work? (circle one response only)

<p>Self-employed/ Family business Worker</p>	<p>1 Agriculture/forestry/fisheries/animal husbandry, etc. 2 Commercial services (retail, restaurants, hairdressers, repair businesses) 3 Free-lance profession (lawyer, doctor, artist, priest, etc.)</p>
<p>Office worker</p>	<p>4 Manager (section manager or higher ranked company/organization employee/public official/lecturer or higher ranked individual at university/Vice-principal or higher rank at a school) 5 Specialist/technician (medical field: doctor, nurse, care worker, children's nurse, etc.) 6 Specialist/technician (excluding professions in (5): technical researcher, teacher, firefighter, hairdresser, etc.) 7 Clerk (general/sales, etc.) 8 Laborer (sales clerk, shop worker, manufacturing/construction worker, driver, etc.)</p>
<p>Other</p>	<p>9 Housewife/husband (full-time) 10 Student 11 Unemployed (including pensioners, etc.)</p>

F8 What is the average after-tax monthly income of your family?

1 Under 100,000 JPY	4 300,000 - 400,000 JPY	7 600,000 - 800,000 JPY
2 100,000 - 200,000 JPY	5 400,000 - 500,000 JPY	8 800,000 - 1,000,000 JPY
3 200,000 - 300,000 JPY	6 500,000 - 600,000 JPY	9 Over 1,000,000 JPY

F9 Of what organizations are you a member? (circle as many as you wish)

1 Residents' association	7 Labor union
2 Women's association	8 Commerce and industry-related economic organization
Young persons' association/fire	9 Religious group
3 brigade or company	10 Group with shared interests/hobbies
Clubs (associations) for the elderly	11 Neighborhood movement/consumer movement/citizens' group
4 PTA	12 Not a member of any of the above
5 Agriculture/forestry/fisheries	
6 group/agricultural cooperative	

Thank you very much for taking the time to complete this survey.

Please return the survey form using the enclosed self-addressed stamped envelope by the indicated deadline.