## 関西大学 外国語学部 招へい研究員講演会

## Metacognitive Instruction for Creating "Smarter" Learners

## 2025年7月15日(火) 4限(14:40-16:10)

関西大学千里山キャンパス 第一学舎 5号館6階 E602教室 対象: All welcome!

〇対面式 〇事前申込不要



Professor Masatoshi SATO (Universidad Andrés Bello, Chile)

## Abstract

Abundant evidence points to the power of metacognition for any types of learning including mathematics, science, and language; that is, when a learner possesses clear and accurate metacognition, they are able to plan their learning, monitor their learning processes, and reflect on their performance, which together enhance their learning outcomes. However, limited research has explored how metacognition can be fostered pedagogically. In this talk, after explaining what metacognition is, I will introduce several ways of designing metacognitive instruction. I will also discuss several pitfalls such as the difference between metacognitive knowledge and content knowledge. As an example, I will introduce 9 principles for metacognitive instruction for teaching a second language. In this interactive talk, I will aim to provide evidence-based pedagogy for creating "smarter" learners.

Masatoshi Sato is a Professor at Universidad Andrés Bello, Chile. His research agenda is to conduct theoretical and applied research in order to facilitate the dialogue between practitioners and researchers. He is a recipient of the ACTFL/MLJ Paul Pimsleur Award. He is the Co-Director of TESOLgraphics as well as MonISLA. He is currently the Editor of Language Awareness.

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Bio.