**Title, 12 point; Times New Roman; Bold; Centered.**

Presenting Author and Author(s), Surname FAMILY NAME; 12 point; Times New Roman; Put \* on the corresponding author; Centered.

*Affiliation with full address including country,11 point; Times New Roman; Italic; Centered.*

\*e-mail address of corresponding author, 11 point; Times New Roman; Centered.

Text, 11 point; Times New Roman; Justification; Page size, 210 x 297 mm (A4); Table and Figure may be included if necessary; The abstract should not exceed one page; Store your file in .doc or .docx.

**Example of Abstract: Selenium Content in Toenails of Healthy Subjects**

**in Osaka Prefecture of Japan**

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Toenail samples were collected from 62 healthy subjects (36 males and 26 females, 25.2 ± 9.6 yr) in Osaka Prefecture of Japan and their selenium contents were determined by inductively coupled plasma-mass spectrometry and compared to those described in several previous reports. Maximum, minimum, mean, standard deviation and median values of the selenium in the 62 toenail samples were 2.13, 0.18, 0.77, 0.32 and 0.77 µg/g, respectively. The mean value obtained was similar to values in the eastern and western USA area and lower than values in a seleniferous area of the USA and higher than values in New Zealand, Finland and most European countries where the selenium intake were about 50 µg/d or less. These results indicate that toenail selenium is a good indicator for averaged selenium intake.